

Episode 5: There's dancing, too!!

Learning objectives:

To learn about Baroque dancers, types of dances, and the baroque period was for everyone to express their artistic side!

Time: 15-18 minutes

Lesson outline:

- a. Introduction: Amanda & Gaby
- b. Recap: Singers are a part of the orchestra with student hosts: Phillip and August!
- c. Guest of the Orchestra: Dancers!
- d. Dancers- movement, instrument is their body
- e. Dance styles:
 1. Minuet
 2. Gigue
 3. Chaconne
- f. Stretch
- g. Variety of dancers!
- h. Meet Ying, dancer and harpsichordist!
- .Ying demonstrates dance steps
 1. Pas de bourree
 2. pirouettes
 3. pas de bourrée
 4. pas de minuet
 5. contrato de gavotte
- i. Learn a fun baroque dance with Gaby! What is Choreography?
- j. Video of dancing + dance
- k. Improvisation dancing activity
- l. Closing wrap up: overview of lesson, join us next time. I <3 music and I <3 Learning!

Activities:

1. Warm up your body!
2. Baroque dance, not break dance- Choreography and improvisation!

Learning outcomes:

Students will...

1. Be able to identify what a dancer is and describe what a dancer's job is.
2. Be able to demonstrate basic dance moves, style and express emotions through movement

Lesson Vocabulary

1. **Improvising**- making something up as you go along—a dance or music.
2. **Dancer**- a person who performs a set of movement set to music
3. **Choreography**
4. **Minuet**- a flowing and graceful style of baroque music and dance
5. **Gigue**- a lively and upbeat style of baroque music and dance
6. **Chaconne**- a stately dance performed to Chaconne baroque music with a repeating bass

Activity: Create a Choreographed Dance!

Materials: music, open space.

Instructions: Have students form a big circle. Each student will come up with a dance step or move that everyone will do. Go around the circle and each student will demonstrate their dance step and then the rest of the group repeats. Go until each student and teacher (😊) has added their move! After, add music and do your class choreographed dance to the music of your choice!

Activity: Let's Improvise!

Materials: music, open space.

Instructions: Have students find a space in the room where they are able to move around without bumping another student.

Explain safe body movements- “we want everyone to have fun and be safe so look to your side and look to your other side make sure you have room and your neighbors have room!”

Teacher notes: If you need to assign students to a poly spot or carpet square for better spacing.

This is an activity to reinforce creative thinking. Encourage students to dance how the music makes them feel. Once the music is on and students are dancing, introduce the second part of the activity, Free dance! As the students continue to dance either call out freeze or pause the music!

Go Further: If you're feeling competitive, you can eliminate students if they don't freeze. You also can add different ways for the students to move through emotions and feelings.

Example: “Ok! Now I want everyone to dance like you're excited!”

“Now, dance like you're sleepy”